I claim:

- 1. A right rectangular parallelepiped lubricant stick, said stick having a first end extending to second end, said first end for contacting a surface to be lubricated, said second end for contacting a spring of a lubricant applicator, said spring for holding said first end against said surface to be lubricated, said spring comprising a first portion extending to a coiled second portion, said first portion configured to attachment to said lubricant applicator, wherein said second end defines therein a channel for receiving at least a portion of said coiled second portion.
- 2. The lubricant stick of claim 1, wherein said right rectangular parallelepiped lubricant stick further having a first face opposite a second face.
- 3. The lubricant stick of claim 2, wherein said channel is generally right rectangular parallelepiped shaped, extending through both said first face and said second face.
- 4. The lubricant stick of claim 2, wherein said channel is generally semi-cylindrical in shape, extending through said first face and said second end.
- 5. The lubricant stick of claim 2, wherein said channel is generally prismatic in shape, extending through said first face and said second end.

6. The lubricant stick of claim 2, wherein said channel is generally semi-hexagonal in shape, extending through said first face, said second face and said second end.

7. A lubricant stick and coiled constant force spring combination for lubricating a surface, said combination configured for utilization with a lubricant applicator, said spring having a coiled portion, said combination comprising:

a lubricant stick having a stick first end extending to a stick second end, said stick first end, for contacting said surface, said stick first end extending to a stick second end, said stick, second end for cooperating with a constant force spring, said stick second end defining a channel for receiving the coiled second end of said spring therein, said wherein when said coiled constant force spring is uncoiled, said remaining coil is held within said channel, thereby applying a constant force holding said stick upon said surface to be lubricated; a coiled constant force spring, said spring having a spring first end extending to a spring second end, said first end comprising an attachment for attaching to said lubricator, the portion of said spring extending from said spring first end to said spring second end coiled, said coiled spring second end configured for receipt into said channel; and wherein as said lubricant stick is dispensed via said lubricant applicator said lubricant stick shortens and said spring coils thereby applying a constant force holding said lubricant stick first end against said surface.

8. The lubricant stick of claim 7, wherein said lubricant stick further having a first face opposite a second face.

- 9. The lubricant stick of claim 8, wherein said channel is generally right rectangular parallelepiped shaped, extending through both said first face and said second face.
- 10. The lubricant stick of claim 8, wherein said channel is generally semi-cylindrical in shape, extending through said first face and said second end.
- 11. The lubricant stick of claim 8, wherein said channel is generally prismatic in shape, extending through said first face and said second end.
- 12. The lubricant stick of claim 8, wherein said channel is generally semi-hexagonal in shape, extending through said first face, said second face and said second end.